

St. John's Cathedral Catholic Primary School

P.E. Policy

Rationale

To enable structured and progressive development in all areas of P.E. through a broad, balanced curriculum ensuring equal learning opportunities for all children.

Aims and Objectives

- To develop pupils' competence and confidence in a range of physical activities.
- To develop inter-personal skills of fair play, co-operation and positive sporting behaviour.
- To develop personal qualities of good self-esteem, perseverance and enthusiasm.
- To develop understanding of how important physical activity is to a healthy lifestyle.

Programme of Study

During Key Stage 1 children will be taught knowledge, skills and understanding through dance, games and gymnastic activities.

During Key Stage 2 children will be taught knowledge, skills and understanding through dance, games, gymnastics, swimming and athletics.

Continuity and Progression is ensured through a scheme of work which is planned in the following way:

- Games - planning for games is based on N.C. requirements and linked to Top Sport and Top Play.
- Dance - being developed by the School Sports Co-ordinator programme to be completed by July 2005.
- Gymnastics - being developed by the School Sports Co-ordinator programme to be completed by July 2005.
- Athletics - planning for athletics is based on NC requirements for Key Stage 2.
- Swimming - provided by qualified instructors at Victoria Swimming Baths to meet NC requirements. St. Edmund's are also providing lessons to supplement this.

Provision and Teaching

P.E. is taught through 2 lessons a week. One which is games, the other on a rotating programme to cover N.C. requirements.

In addition, gymnastics is taught for Key Stage 2 on a Friday afternoon and football training, by qualified coaches, takes place during Thursday and Friday curriculum afternoons.

Special Needs

Children with SEN which are involved in all work planned at an appropriate level which will help each child reach their true potential.

Equal Opportunities

The policy of the school is to provide all children with an opportunity to learn and develop. Every effort is made to ensure that boys and girls have equal access to activities and investigations and that these are equally suitable for each gender.

Cross Curricular

As a school we recognise that PE links with other subjects, in particular PHSE, Numeracy and Science.

Assessment

Assessment will be in line with the N.C. targets. (This is currently being developed).

Clothing and Safety

Children are required to wear P.E. kit as outlined in the school prospectus. Studs and watches to be removed.

Extra Curricular Activities

Football, netball, hockey, cricket and athletics are offered during the year. Six week taster sessions of other activities are also offered through the School Sports Co-ordinator Programme.

L. Park
June 2005